



# MBOT NEWS

A Communication from the Missouri Board of Occupational Therapy

Volume 4, Issue 1

March 2003

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## LETTER FROM THE CHAIR



Judy Phillips,  
Board Chair

*On a cold Saturday morning in 1978, I trudged up 14th Street hill toward the K.U. campus clutching two No. 2 pencils in my hand. In an unfamiliar classroom with a couple of proctors and thirty-some white-knuckled test-takers, I struggled to remember the insertion of the brachial radialis, the difference between abduction and adduction and precisely how proprioception helped us in our everyday lives. I was taking the Reg exam. I was wondering if it was too late to change my major.*

*Some weeks or months later I got notification in the mail that I'd passed the test and was an O.T. for life. I got a certificate, a membership card from AOTA and an issue of AJOT. Under no circumstances would I ever let my AOTA membership lapse.*

Over the past year, the National Board of Certification in Occupational Therapy (NBCOT) has introduced two programs relating to initial and continuing certification. On-line testing was introduced last summer and on-demand testing began the first quarter of this year. Now after completing the obligatory paperwork - much of it electronic- the hopeful candidate

chooses the time and place for their examination. Successful candidates are entitled to use the marks OTR® and COTA®, but not forever.

The second program released by NBCOT is their Continuing Competency Program. Those therapists who choose to re-certify and continue use of their marks are now required by NBCOT to demonstrate competency through a variety of learning opportunities.

The Missouri Board of Occupational Therapy anticipated for and planned for these changes over the past several years. Our Continuing Competency rule parallels that of NBCOT's so that Missouri O.T.'s don't have to meet two separate competency requirements.

The board staff has done a superb job of managing the flow of information as NBCOT transitions to a paperless system.

Judy Phillips  
Chairperson

**Governor**

The Honorable Bob Holden

**Department of Economic Development**

Joseph L. Driskill, Director

**Division of Professional Registration**

Marilyn Taylor Williams, Director

**Members of the State Board**

Judy M. Phillips, OTR/L, Chairperson  
Kansas City, Missouri

David J. Lackey, OTR/L, Vice-Chairperson  
Ashland, Missouri

Cynthia R. Ballentine, OTR/L, Member  
Ballwin, Missouri

Kristine M. Moranville, COTA/L, Member  
Florissant, Missouri

William A. Markland, Public Member  
Armstrong, Missouri

Erin S. Hampton, Public Member  
Dexter, Missouri

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DEPARTMENT OF ECONOMIC DEVELOPMENT

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## MESSAGE FROM DIVISION DIRECTOR



My office has been working diligently, through team input and much planning, to develop an optical imaging system that will meet the needs of the Division. I'm glad to report that we have implemented the new optical imaging system and the boards have been trained on how to use the system. They are now using the system and have the ability to scan daily mail received or other paper files and documents maintained in the board office. The boards will each determine what documents are to be scanned.

We also held the 2002 Board Member Orientation and Update. The event was held September 25 - 26 and was a great success. We had 150 attendees and covered many topics of interest to the boards.

Please stay tuned as we continue to improve the services provided by the Division.

Yours Truly,

Marilyn Taylor Williams  
Division Director

## NEW BOARD MEMBER APPOINTEES

Erin Hampton was appointed as a public member on the Missouri Board of Occupational Therapy in April 2002. Ms. Hampton resides in Dexter, Missouri where she is self-employed as a massage therapist.



Ms. Hampton's term will expire on December 11, 2004.



William A. Markland was appointed as a public member on the Missouri Board of Occupational Therapy in April 2002. Mr. Markland served as a State Representative for seven terms before retiring in 1993.

Mr. Markland's term will expire on December 11, 2005.

## LETTER FROM EXECUTIVE DIRECTOR

As Judy Phillips, Chairperson, made reference to in her article on the front-page of this newsletter, the Missouri Board of Occupational Therapy has implemented a Continuing Competency rule.

Since this is a new requirement that affects all licensed occupational therapists and licensed occupational therapy assistants the office staff is aware that there will be questions regarding such. Two questions that we have already received are:

**Will I be required to submit proof of completing any continuing competency credits for renewal in 2003, if so how many credits?**

**When can I begin to obtain the required credits for renewal?**

In regard to these two frequently asked questions, it is important that you know for renewal in 2003 you **will not** be required to submit verification of completion of continuing competency credits, however, for renewal in 2005 you will be required to submit verification of completing 24 credits.

You may begin obtaining continuing competency credits for renewal in 2005 on July 1, 2003. Any activity completed prior to July 1, 2003 will not be applied to the credits needed for renewal in 2005.

We are sure that you will have additional questions, so please feel free to contact us.

Vanessa Beauchamp  
Executive Director

## RULE AMENDMENTS

The Missouri Board of Occupational Therapy has made several revisions to the rules and regulations governing the practice of occupational therapy since the last newsletter. Enclosed in this newsletter you will find copies of the most recent rules that have been revised or newly implemented. Should you have any questions please contact the office.

### **4 CSR 205-1.050 Fees - Amendment**

Effective 12/30/02 - Reduces fees associated with licensure.

### **4 CSR 205-3.030 Application for Limited Permit - Amendment**

Effective 4/30/03 - Requires verification to be submitted by certifying entity.

### **4 CSR 205-3.040 License Renewal - Amendment**

Effective 4/30/03 - Requires verification of completion of continuing competency credits to renew.

### **4 CSR 205-3.050 Inactive Status - Amendment**

Effective 4/30/03 - Requires verification of completion of continuing competency credits for those wishing to return to active status.

### **4 CSR 205-3.060 Reinstatement - Amendment**

Effective 4/30/03 - Requires verification of completion of continuing competency credits for reinstatement of a license.

### **4 CSR 205-4.010 Supervision of OTA's and OTA Limited Permit Holders - Amendment**

Effective 4/30/03 - Requires the supervising occupational therapist to have one year of experience as an occupational therapist before supervising an occupational therapy assistant and/or an occupational therapy assistant limited permit holder.

### **4 CSR 205-5.010 Continuing Competency**

Effective 4/30/03 - Outlines continuing competency requirements.

## FREQUENTLY ASKED QUESTIONS



### **Can an Occupational Therapist Limited Permit Holder supervise an Occupational Therapy Assistant?**

No, Pursuant to 4 CSR 205-4.010.3 (a), the supervising occupational therapist shall be licensed by the board as an occupational therapist, not a limited permit holder.

### **Can an Occupational Therapy Assistant or an Occupational Therapy Assistant Limited Permit Holder prepare the discharge plan?**

According 4 CSR 205-4.010.3(g), the supervising occupational therapist is responsible for preparing, implementing, and documenting the discharge plan, however, the occupational therapy assistant and/or the occupational therapy assistant limited permit holder may contribute to the process.

### **Who may supervise occupational therapy aides?**

An occupational therapist or occupational therapy assistant must provide direct supervision of an occupational therapy aide at all times pursuant to 4 CSR 205-4.030. Supervision must be direct at all times, however, when the supervisor delegates maintenance and/or restorative practices the supervisor must be within audible and visual range.

### **What are the supervision requirements for occupational therapy assistants and occupational therapy assistant limited permit holders?**

Pursuant to 4 CSR 205-4.010, direct supervision by an occupational therapist is required, however the supervising occupational therapist need not be physically present or on the premises at all times. The supervisory relationship is an interactive process. The frequency, duration and intensity of supervision is determined by the competency of the occupational therapy assistant and/or the occupational therapy assistant limited permit holder to carry out the treatment plan, the treatment setting and the complexity of the patient/client. At a minimum, supervision

includes consultation between the occupational therapy assistant and/or the occupational therapy limited permit holder and the supervising occupational therapist before the initiation of services and before any modifications are made to the treatment plan.

### **When the board implements new or amended rules and regulations governing the practice of occupational therapy, how will I be notified?**

The Board publishes an annual newsletter which will include any new or proposed rules and regulations. In addition, the most current version of the rules and regulations can be found on the website at [www.ecodev.state.mo.us/pr](http://www.ecodev.state.mo.us/pr), click on Regulated Professions, then Occupational Therapy. If you do not have access to the Internet you may obtain a copy of the law book by calling the office at 573-751-0877.

### **Is co-signing required?**

No, co-signing is not required. Supervision shall be more than co-signature pursuant to 4 CSR 205.4.010(2). It is an interactive process that shall include, but is not limited to, the patient/client assessment, reassessment, treatment plan, intervention, discontinuation of intervention, and/or treatment plan.

### **Can limited permit holders be reimbursed by Medicare and Medicaid?**

The Board recommends that you contact Medicare at 1-800-392-3070 and Medicaid at 573-751-3399 to inquire about reimbursement requirements.

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## LICENSE STATISTICS

Occupational Therapists - 2,357

Occupational Therapy Assistants - 718

Occupational Therapy Limited Permit - 29

Occupational Therapy Assistant Limited Permit - 0

## COMPLAINTS AND DISCIPLINARY ACTIONS

All complaints received by the Board are numbered and tracked on the complaint log. A complaint may be based upon personal knowledge or information received from other sources. The complaint must be made in writing. Verbal or telephone communications are not acceptable, but you may request a complaint form by telephone, fill it out and mail back to the Board. In general, the complaint is considered to be a closed record and is not accessible to the public.

Any complaint that is received by the Board is acknowledged in writing. The complainant will be notified of the final outcome. Any disciplinary action taken by the Board is a matter of public record. The

Board believes publication of disciplinary actions to be in the public interest and has included such in this newsletter. If you have any questions, please contact Vanessa Beauchamp, Executive Director at our office.

Please refer to sections 324.083 and 610.010.15(6), RSMo, in addition to regulation 4 CSR 205.1.040 for specific complaint handling language.

The following disciplinary actions were taken by the Board since the last newsletter and will be maintained as open records, according to the terms of the action:

Name	License #	Violation	Disciplinary Action/Date
Esther Elfrink, OTR/L	005482	Violation of, or assisting or enabling any person to violate, any provision of sections 324.050 to 324.089 or any lawful rule or regulation promulgated thereunder.	Censured 6/27/02
Julie Gisi, COTA/L	2002024360	Practicing without a license.	3 years Probation 9/26/02-9/26/05
Mary Hoenshell, COTA/L	2002027532	Practicing without a license.	3 years Probation 11/4/02-11/4/05



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## 2003 MEETING DATES

May 13, 2003 - Jefferson City

November 10, 2003 - Jefferson City

August 12, 2003 - Jefferson City

Additional meetings may be scheduled if necessary.

